

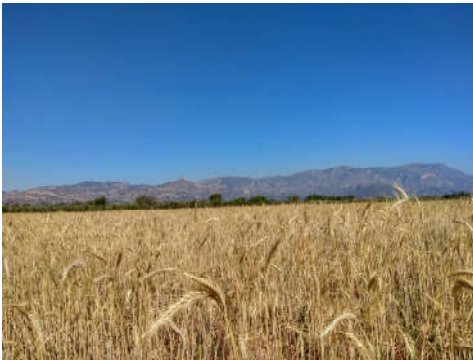
TECHNICAL INFO

Distance **145km**
 Height **2300 meters**
 Technical level **Easy**
 Physical level **Medium-High**
 Time **7 hours**
 Pavement **Asphalt**
 Start point **Tortosa**
 Finish point **Tortosa**

PROFILE



DESCRIPTION



Ulldecona, La Sénia, Fredes and Mas de Barberans. It is a tough route and there are many meters of altitude. The former Tortosa slaughterhouse is the starting and end point of the route and it is about 143 km. Leave Tortosa by the PONT DEL BIMIL·LENARI (Bimillennial Bridge) and head to VINALLOP and SANTA BÀRBARA.

Go past Santa Bàrbara and continue towards ULLDECONA. This part of the route is practically flat. Once in Ulldecona, head to Godall sierra going down Bruixes (witches) road until GODALL and La GALERA. This road is about 3 km and 150 meters of altitude. Turn left and from this moment the road will go uphill for about 40 km and 1150 meters of positive slope. Pass through LA SÈNIA, the ULLDECONA swamp until to get to FREDES where we can regain strength after we stop. From Fredes, head for el BOIXAR going on a road that has small climbs and before reaching El Boixar turn left and descend towards EL BALLESTAR. Pass through el BALLESTAR, ULLDECONA SWAMP and LA SÈNIA. Once in LA SÈNIA, turn left to go towards MAS DE BARBERANS. From here, the road goes down gently until the RAVAL DE CRIST, cross the PONT DEL BIMIL·LENARI (Bimillennial bridge) and get to TORTOSA.

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